Helen Stosel, M.D., Inc.

Integrative Endocrinology

Endocrinology, Metabolism, and Diabetes!

25982 Pala, Suite 140 Mission Viejo, CA 92691 P (949)951-7100 F (949)951-7110!

Please complete the enclosed forms and bring them to your first appointment with Dr. Stosel. A copy of the Patient Privacy Practices will be available for your review when you arrive for your appointment.

If you have other relevant materials that you would like to share with Dr. Stosel, please bring copies to your appointment.

Dr. Stosel contracts with insurance carriers Blue Shield, Atena, Cigna, and PPO's. Otherwise she is an out of network provider. She has hired a billing service to submit your claim to your insurance carrier. Please bring your insurance card to your appointment, we will scan it and submit it to our billing service. Be sure to notify our office of any changes in insurance.

Is required at the time of each visit. For your convenience, Dr. Stossel excepts American express, Visa, MasterCard and discover card, along with personal checks.

Thank you.