

Helen Stosel, M.D., Inc.  
*Integrative Endocrinology*  
*Endocrinology, Metabolism, and Diabetes!*

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F (949)951-7110!

Please complete the enclosed forms and bring them to your first appointment with Dr. Stosel. A copy of the Patient Privacy Practices will be available for your review when you arrive for your appointment.

If you have other relevant materials that you would like to share with Dr. Stosel, please bring copies to your appointment.

Dr. Stosel contracts with insurance carriers Blue Shield, Atena, Cigna PPO's as well as Medicare. Otherwise she is an out of network provider. Please bring your insurance card to your appointment. Be sure to notify our office of any changes in insurance.

Payment is required at the time of each visit. For your convenience, Dr. Stosel accepts Visa, MasterCard and Discover card, along with personal checks and cash.

### **Medicare Patients Only**

If Medicare is your PRIMARY carrier, payment will **NOT** be required at the time of the visit. Our billing service will submit your claim to Medicare. You will receive a bill for any remaining amount due after Medicare has paid its portion of the claim.

If Medicare is your SECONDARY carrier, payment **WILL** be required at the time of each visit.

Thank you, we look forward to working with you.